



Hi,

How to Get the Most of This Program

An Introduction from Morry Zelcovitch

I'm Morry Zelcovitch, and for those of you who don't know me, I'm the leading authority on audio brainwave entrainment and subliminal programming.

I'm so proud and happy to introduce **Mind Movies Matrix** to you. It's a project that I have been working on very closely with the brilliant minds at Mind Movies for several years.

Mind Movies Matrix is an exciting new way to melt away success barriers and catapult yourself to your full potential. It's innovative, easy to use, and scientifically proven to work when used properly. I'm going to describe this amazing new system to you and teach you the very best way to use it, so you know you're getting the maximum power out of this program.

First, I'd like to get into a little bit of history of how the **Mind Movies Matrix** came to be.

Some years ago, I was introduced to the amazing Mind Movies team. We quickly developed a close relationship due to our mutual commitment to helping people become happier and more successful.

After some brainstorming sessions, we came up with the idea that it would be amazing to combine the power of Mind Movies, meditation, and properly engineered brainwave entrainment into a powerful mix that would years later become **Mind Movies Matrix**.

This revolutionary combination of modalities gives you the tools you need to optimize your mind and re-program yourself to be whoever you want to be.

Mind Movies Matrix consists of 4 different tools, which have been distributed over 4 separate topics, all of which can be either experienced online or downloaded to your computer, iPad, or smart phone.

Areas of Your Life That Mind Movies Matrix Will Help You Improve:

- ☐ Money
- ☐ Weight Loss
- ☐ Relationships ☐ Perfect Partner

To achieve this, Mind Movies Matrix uses a combination of FOUR powerful tools:

1. **Brainwave Entrainment Matrix Mind Movies** – Watch first thing in the morning
2. **Subliminal Matrix Mind Movies** – Watch in the evening
3. **Subliminal Audios** – Listen to any time throughout the day for a positive
boost
4. **Sleep Meditation Audio** – Get results while you sleep!

Tool 1: Brainwave Entrainment Matrix Mind Movies

The first tool that you will be using consists of what we call “Video Entrainments.”. All four of these videos have been embedded with highly specialized brainwave entrainment tracks.

For those of you who might be unfamiliar with brainwave entrainment, here is a quick **explanation:**

Your brain reacts to sound in a very unique and specialized way. When sounds are presented to your ears at a specific rate, your neurons (or brain cells) fire off tiny electrical pulses at the same rate as the sound that is presented. This results in a natural release of neuro-transmitters, endorphins, and healthy hormones.

These neurochemicals get your brain to function in a happier, healthier way, and make you more receptive to positive suggestions and images you see in your Matrix Mind Movies.

From our research, we found that most people wanted to improve their lives in areas of money, weight loss, relationships, and finding their perfect romantic partner or putting the passion back into their current relationship. This is why we created powerful brainwave entrainment enhanced Mind Movies for each of these areas.

Here is the best way to use Brainwave Entrainment Mind Movies:

Firstly, select the Matrix Mind Movie that is most relevant to your current situation (from the available topics).

Then simply sit in front of your screen and watch the complete movie while wearing headphones. If your speakers are especially good, you can forego the headphones. Do this at least once every day, preferably in the morning.

Keep in mind that the more you watch and listen to these movies, the greater and quicker the positive life changes will occur.

Tool 2: Subliminal Matrix Mind Movies:

The second tool within the Mind Movies Matrix takes the same four movies, except instead of customized brainwave entrainment, they have deeply embedded subliminal messages inside them.

Accompanying the subliminal audio tracks are beautiful and original musical tracks that are designed to put a smile on your face, pump up your energy and just make you feel good while your subconscious mind takes in the new programming.

Here's how to experience the Subliminal Matrix Mind Movies:

Select the same Mind Movie topic you chose from the Brainwave Entrainment Matrix Mind Movie.

Similar to the approach with the Brainwave Entrainment Mind Movies, simply sit in front of your screen and watch the movie in its entirety, preferably in the evening.

However, it is important that you do NOT use headphones with these recordings. The subliminal messages are encoded at a very high frequency to be unrecognizable to your conscious mind and send directly to your subconscious. **For the sake of your hearing and to get maximum benefit, use speakers with the Subliminal Mind Movies instead of headphones.**

Keep in mind the more you watch and listen to these movies, the greater and quicker the positive changes will occur in your life.

Tool 3: Subliminal Audios

The third tool within the **Mind Movies Matrix** is the Subliminal Audios. These consist of four music MP3s that are encoded with the same subliminal messages as the Subliminal Mind Movies.

Each of these audio subliminals last about an hour and through our unique time- shifting technique and multi-layering, you absorb **2 million presentations of positive affirmations within just one hour of listening.**

You don't even have to pay attention to the recordings, just go about your life while they are playing in the background.

They work while you're cooking, watching TV, sitting at your computer, or doing literally anything else. Play them at a barely audible volume and play them as much

as you like to increase their benefits. **Just don't use them while driving or operating heavy machinery.**

Tool 4: Sleep Meditation

I'm sure you've heard about how important a good night's sleep can be for your overall health and wellbeing, but there's a lot more going on behind the scenes. When you go into a deep sleep, you process information, training, and everything else from your day to integrate the experience into your being.

This is why we have integrated a special sleep meditation into **Mind Movies Matrix**. It's a very relaxing guided meditation that you can listen to as you lay down to sleep at night.

In fact, this brainwave entrainment enhanced audio recording is specifically designed to quiet the mind and calm the brain so that you can sleep soundly and peacefully. When the morning comes, you will wake up renewed with energy, drive and purpose. All of this will help you achieve your goals.

I hope you enjoy using the life-enhancing Mind Movies Matrix program. If you need additional support or want to share some of your success stories, feel free to email support@mindmovies.com at any time.

I'd like to take this opportunity to thank you for joining me and allowing me the unique opportunity to introduce you to **Mind Movies Matrix**, a system that has already helped me in so many ways. I look forward to hearing how it helps you too.

To your success,

Morry Zelcovitch

Mind Movies Matrix